September 2023
Dear Parents/Guardians,
This year at Holicong Middle School the counselors will conduct discussion groups with students.
Discussion groups are confidential in nature and intended to help adolescents cope with everyday
situations. Participation in a group is on a voluntary basis. These groups are not therapeutic.
Examples of topics discussed are study skills, bereavement, classroom behavior, adjusting to a family
move, peer pressures, substance abuse, stress management, family dynamics, friendship issues, etc.
These groups usually consist of six to eight students under the supervision of one of the counselors.
Some discu